

Solutions that Work for People at Work

When Life Happens and You Feel Overwhelmed . . .

Every now and then, you may need help in dealing with a personal issue or confronting a challenge at work. We offer you opportunities to solve problems, improve the quality of your life and overall well-Being and enhance or maintain job performance. Change is seldom easy. Our trained counselors can help you make it happen.

Services available to

- All employees
- The employee's spouse
- The employee's minor children
- Any other family member who regularly resides with the employee and is a legal dependent of the employee

ABOUT US

Wholeness Healing Center, PC is a mental health practice comprised of a group of clinical practitioners committed to the mission of guiding clients to reach their fullest potential. We focus on empowering clients to be the best they can be. Through a collaborative effort, clients experience confidential, professional, compassionate care while making changes that will enhance their lives and well-BEING.



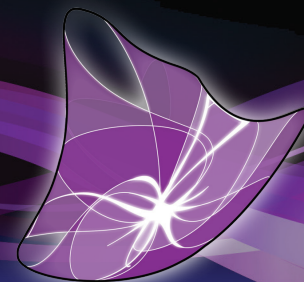
WHOLENESS HEALING CENTER
"Heart Centered Wellness For Life"

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Grand Island, NE 68803
(308) 382-5297

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Broken Bow, NE 68822
(308) 872-5040

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Kearney, NE 68847
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WholenessHealing.com



WHOLENESS HEALING EMPLOYEE ASSISTANCE PROGRAM

"Solutions that Work for People at Work"

well-BEING
for
Employees and Families



Grand Island • Kearney • Broken Bow

308.382.5297 ext.110

WholenessHealing.com



WHOLENESS HEALING EAP

"Solutions that Work for People at Work"



Every now and then, you may need help in dealing with a personal crisis or confronting a challenge at work. We offer you opportunities to solve problems, improve the quality of your life as well as your overall well-BEING and enhance or maintain superior job performance. Change is seldom easy. Our trained counselors can help you make it happen.

As a benefit from your employer, the services are FREE and completely confidential. You will receive your allotted free sessions (50 minutes each) dedicated to finding solutions for issues that may include any of the following:

- Anger Control
 - Communication Skills
 - Co-Worker Interpersonal Relationship Skill Building
 - Compulsive Disorders: Gambling/Internet
 - Depression, Stress, Anxiety
 - Domestic Violence
 - Drug and Alcohol Evaluations/Treatment
 - Finance
 - Grief Therapy
 - Hypnotherapy for Addictions
 - Hypnotherapy for Smoking Cessation
 - Hypnotherapy for Weight-Loss
 - Mindfulness
 - Neurobiofeedback (Brain training)
 - Spiritual Direction
 - Separation or Divorce
- As a bonus, you may also choose stress-reducing and energy-enhancing utilities such as the following:
- Energy Enhancement System
 - Migun Massage Facility

How Do I Contact Wholeness Healing EAP?

You can contact us anytime at our office 308-382-5297. During regular hours, we will arrange an appointment for you with one of our professional counselors. Just indicate that you are requesting EAP services. If it is an emergency, we can either provide you with an emergency appointment or arrange for you to talk to a counselor over the phone immediately.

Will my employer know if I or a member of my family contacts Wholeness Healing EAP for services?

All contact with Wholeness Healing EAP is confidential within the limits of the law. Information shared with Wholeness Healing Center's professionals is protected under confidentiality laws and cannot be shared with your employer without your consent.

What are the costs for using Wholeness Healing EAP?

The services of Wholeness Healing EAP are offered by your employer at no cost to you because they value you and the work that you do.